

established in 1984 by the national Student Campaign Against Hunger and Homelessness. Volunteer projects include painting local shelters, planning community gardens and refurbishing low-income housing, among others.

Student volunteers from Clarke and Loras will collect pledges from the Dubuque community, and donate three hours of their time at various work sites around the area.

Sites will include Albrecht Acres, Allison Henderson Park, Shalom Retreat Center, Washington Neighborhood, The Julien Care Facility, Stonehill Care, Mt. Carmel, YMCA, and the Dubuque Arboretum and Botanical Gardens.

A noon picnic lunch will be provided at Clarke. For more information or to make a donation to Hunger Cleanup, contact Shilpi Kapil at extension 8856.

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CLARKE

VOL LXXI ISSUE ELEVEN

April 30, 1999
Clarke College
Dubuque, IA

New beginnings at Clarke...

Ground breaking ceremony celebrates activity center construction

By JOLENE WORZALLA
Staff Writer

Earth day took on a double meaning at Clarke this year as it shared its day with the new Student Activity Center ground breaking ceremony.

The 20,000 square-foot structure will connect the back sides of the Robert and Ruth Kehl Center and Mary Frances Hall. It will include space for a large café/lounge area, with the ability to easily rearrange seating for multiple activities. An expanded bookstore with additional retail space and an expanded post office/mailbox area will also be added in the center.

When completed, the center will include a convenience store, food court, game room, TV lounge, meeting rooms, quiet study space and student organization offices.

Among these offices will be space for C.R.E.A.T.E., Clarke's Student Activities board. At the ground breaking, Sarah Christenson, newly appointed C.R.E.A.T.E. president, thanked

Bob Wahlert and the board of trustees, and President Catherine Dunn for recognizing student activities as a priority at Clarke.

"The center will be great for our organization. We will have more area to have events, with greater

"There will be more places to socialize and study. It will be really nice to have a place to call our own, unlike the Atrium which others use."

-Freshman Melissa Modra

technology, lighting and seating. This is a great advantage for our program and the student body," said Christenson.

The first phase of the project consists of the renovation of 3,500 square feet on the ground
continued on page 4.

Head 'em up, move 'em out, ride 'em in...

Moving options await Clarke students

By ANGIE KLEIN
Staff Writer

Pack it up and move it out! Just for your information, there are only two weeks of school left. Do you know how you are getting all your stuff home?

It may seem hard to imagine, but most people move out of Clarke with a lot more than they brought in.

It is about that time to start gathering boxes and peeling the posters off the walls. Don't forget - all your lofts need to come down before dead hours begin. That is next weekend already!

So what to do with all that stuff. Junior Joshua Langellier said, "I plan on getting my stuff home in increments." Many people have been taking winter clothes and

other things home since Easter Break. If you are going home to see Mom on Mother's Day, pack up the car before you go.

If you are not going home between now and the end of the semester, you can do what freshman Joseph Gustafson is doing: "My grandpa's bringing his 1999

Chevy Suburban, and he says he's going to put down all the seats. We are going to try and make it in one trip."

If you don't want to drag everything home for three months just to pack it up again and bring it back to Dubuque, you have another option. Dubuqueland Mini-Storage, Inc. might be for you. Located on Highway 20 near Burds Mobile Homes, they have different sized units ranging from 5' x 10' to 10' x 42'. They are
continued on page 4.



photo by Dedette Nobsch



photo by Heather Kloss

2000
CAMPAIGN

Vice President Al Gore poses for a picture with students from Fulton Elementary School at the Dubuque Regional Airport Wednesday morning. Gore was in Dubuque as part of his presidential campaign. He made stops at a private residence where he met with Democratic Party activists and at Mario's Restaurant where he addressed issues with local labor leaders.

Good Golly...IT'S GORE!

Preparation, planning, key to Vice President's Dubuque visit

By AARON J. BROWN
and
HEATHER KLOSS
Editorial Staff

It was a first. The press was dressed better than the Vice President. Cameras clicked and whirled while cowboy-boot clad Vice President Al Gore made a stop at the Dubuque Regional Airport Wednesday morning.

As with all presidential and vice-presidential visits, preparation and planning were impeccable. Secret Service agents, bomb-sniffing dogs, and vice-presidential staff paved the way for what looked like a seamless operation.

Though Americans watch these executive visits every day on the news, few know of the complicated procedures involved in arranging press credentials, general public admis-

sion, and transportation for the Vice President.

First, the itinerary is planned weeks in advance. Then the public is informed of the visit and arrangements are made. Members of the press and the "greeters" are screened for security reasons.

When the day arrives, hours before the Vice President even arrives, the airport and transport

routes are swarming with police and Secret Service agents. The general public is searched to prevent a possible security breach.

Yellow ropes and police lines block people into easily watched groups and prevent the Vice President from being susceptible to attack.

continued on page 4.

Inside

Find out what's growing in an average campus bathroom.

See page 3.



Clarke swarmed with volleyball groupies.

See page 6.



Tommy Haggas

gray areas

This is the Last

This is the last. • The last of the clam strips and hot chicken wings. The last time writing about absolute nothings. • The last of the lines after my 11:00 class. The last exam I must cram in order to pass. • The last time my chip won't work on the doors. The last shared Bud Light, Guinness, and Coors. • The last movie party and last knock on the wall. The last squirt from a water gun in Mary Fran Hall. • This is the last.



This is the last. • The last Union trip to get waffle fries. The last chance to say permanent good-byes. • The last package slip for a CD I don't crave. The last hand of Go Fish with Elizabeth and Dave. • The last curtain call and the last stage strike. The last visit with Admissions and my brother Mike. • The last silly quote from Sarah Star. The last time I drove ninety in Carin's car. • This is the last.

This is the last. • The last of the pizza and Simpsons 'til dawn. The last movie we watched out on Fran lawn. • The last trip to see Carol, Ellen, and Dave. The last play poster that I'll have to save. • The last free

throw and the last missed shot. The last time looking for a parking spot. • The last parking ticket and the last parking fine. The last time explaining, "The car's not mine." • This is the last.

This is the last. • The last walk across the stage in May. The last round at Bunker that I don't pay. • The last move-out and the final haul. The last sprint to crew for a 9 o'clock call. • The last stupid e-mail that

I'll read anyway. The last time I get to sleep-in all day. • The last of the X-Files and the Academy Awards. The last time I have to find something that rhymes with "awards." • The last of the phone mail and Dave Michael Nevins. • The last time...uh...(I think I shot myself in the foot with that one.)

This is the last. • The last light is focused. The last cue is set. The last resume, typed. The last employer is met. • The apartment is leased and the dog is fixed. The stomach is queasy and the emotions are mixed. • The cord has been cut. The child is free, to learn words like "comprehensive" and "liability." • The future is now his, hers, yours, and mine. Three cheers to the class of '99.

To our readers,

This is the final issue of the *Courier* for this semester. We on the staff extend our thanks to students and faculty alike for their support and assistance from issue to issue. We feel we've made improvements and hope that those improvements will continue into next year and beyond. On a personal note, this will be my last issue as editor of the *Courier*. My path leads me to another school and new challenges next year. I appreciate the friendship and support of so many of you. Thank you and best wishes to all of you in the future. -- Aaron J. Brown, Editor

CLARKE

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The *Courier* is a student-produced newspaper for the Clarke community. Opinions expressed herein do not necessarily reflect the opinions of the faculty, staff, or administration of the college. The *Courier* welcomes input from members of the Clarke community. Please send comments to P.O. Box 1508, Clarke College. Letters must be signed and may be edited for content and length. The *Courier* is a member of the Associated Collegiate Press.

Proletarian Perspectives
Hal Brackman and the Highway Sound

Good friends are hard to find, but I need look no further than Hal Brackman. You probably don't know Hal. He works down in the boiler room and really doesn't come up into the light all that often. I met him late one night as I was leaving the Courier office. He was standing outside the door having a smoke, so I stopped to talk. And I've had a little chat with him every week since...including last night.

"Hey, Aaron, I hear you're leaving."

Well, yeah, Hal. It's midnight and the paper's done, so I'm going back to my room to get what sleep I can.

"No, no. I hear you're leaving. You know, for good."

Oh. Yeah, Hal. I am leaving. Making the big move back north.

"Ah, I see. Are ya' homesick? I know I get homesick when I spend too much time away from the boiler room."

That's not why I'm leaving. "Yeah, but are you? When they made me go on vacation last year I just about died."

Yeah, Hal, I'm homesick. I miss the pine trees and lakes. But that's not why I'm leaving.

"Ahhh. I know. You're a working stiff like me. You're broke

aren't you? Can't afford this private school education."

Well, you're right. I can't afford it. But I knew that going in.

"Heck, why are you leaving then? You're an involved feller...always writing them newspaper stories and the like. What is it? Or is it that they're a bit conservative for you. I know you...you're one of them instigatin' types. You're always lookin' for a fight with the folks upstairs or complaining about this thing or that."

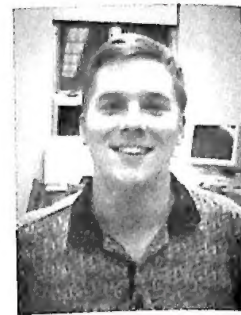
Sure, it's a little more restrictive than I would like, but hey, that's how life is sometimes.

"Well, A.B., I got boilers that need tendin'. Just why are you leaving?"

It's all three, Hal. You know.

"Hmmm. Yeah. I know. I'm from 'round here. Back when I was a kid I took off and got a job as a boiler jockey for an office building in Sisseton, South Dakota. I missed home. I didn't get paid all that much and my boss was a jerk. Even so, I liked that job. I was the boiler king. But one day, I decided to come home. I couldn't explain it. It just seemed right. I'd learned a lot and just wanted to try something else."

That sounds about right, Hal. Close anyway. It's hard to explain.



"Kind of like the highway sound."

What's that?

"When you're on a long trip and you turn off the radio and stop paying attention to the road signs, you hear it. It's the highway sound. All you know is that when you pull up to the place you're going and that sound stops, things are going to be different. For a time, sometimes early in the trip and sometimes late in the trip, it's the most exciting sound in the world. But right in the middle, you just don't want that sound to go away. It scares you to think of what the world will be like when that sound stops. I heard it when I went out west...and I heard it when I came back."

I heard it too, Hal. When I came down here.

"You'll hear it again, kid. Many times. You take care now. Write me a letter."

That's the last thing he said before he swaggered on down to the boiler room. In a couple weeks, I'll say goodbye to my friends and get in my car. And rest assured, I'll be listening to the highway sound all the way home.

Look for the signs...

Colorado tragedy could have happened anywhere

By KELLI CLARK
Staff Writer

A man cut in front of the Clarke softball team in line for the bathroom in Rockford, Illinois. The man was 60 to 65 years old and friendly — obviously — he just moseyed out of the men's room and struck up a conversation with five or six college girls.

He said, "It's been a while since I was your girls' age, but what do you think about that incident in Colorado?"

It was a bit surprising, coming from a total stranger, but I must admit that right after it happened, I didn't think much of it. Sadly enough, it has been all too common lately. Here and there you hear on the news about another messed up kid or kids who went on a homicidal rampage.

I'm not really the type to sit down and think about the tragedies that are happening all over the U.S., especially when things happen so often, but it has really started to hit home.

These boys were just different. They wore black trench coats, listened to Marilyn Manson, bragged about guns and called themselves the

"Hopefully, after this tragedy, people will wake up and smell the coffee. We have a problem and something needs to be done."

"Trench Coat Mafia." Sounds strange? Not really.

Every high school in the '90s has the clique that wears black lipstick and writes poetry about death, but who would expect them to bring sawed-off shotguns and strap bombs to themselves in order to get rid of the minorities and football players?

My sister is 15. It scares me to death to think that she isn't even safe to go to school anymore. The town where this shooting happened is nearly half the size of

Dubuque. What does this say for the future of a quality education in the United States, the land of opportunity?

Many legislators are proposing a concealed weapon bill which would, among other things, allow teachers and administrators to carry guns to school for protection. You be the judge. Picture it. You send your kids off to school, Spice Girls lunch box in hand: "Good morning boys and girls! Never fear, I brought my gun. Now open your textbooks to page 194."

Is there going to be an end to the violence? Or are we going to continue to let kids be kids and make up the excuse that they are just going through a phase. But then again, we can't single out a group of "freaks" who have the right to express themselves, and keep a watchful eye for fear that they would wipe out their homeroom class one day. Hopefully, after this tragedy, people will wake up and smell the coffee. We have a problem and something needs to be done. Any suggestions?

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Clarke biologists investigate bathroom bacteria

By ALISA HEITZ
Staff Writer

It's not your typical dormitory activity—testing the bathroom for bacteria! Sounds a bit unusual, huh? A few of the residents on Floor one of Mary Ben were curious to know what was lurking in their dorm bathroom. Biology professor John Bennett was thrilled when the students asked him to help with the experiment. Sophomore nursing student Leslie Kilb initiated the study. She says, "Maybe more people would start caring more if they knew what germs and stuff were present." Noticing that some

residents don't wear shower shoes was one concern. In addition, residents agreed that not enough people take the time to wash their hands with soap and water after using the restroom or a public facility. In a simple procedure called "swabbing", the residents tested specific areas including the toilet seats, the shower and bathroom floors, the soap dispenser, door handles, and the hand dryer knob. After the samples were tested for bacteria, they found that the bathroom floor and the sinks were near perfect. But the toilet seats, shower floor, and the hand dryer knob samples grew bacteria overnight.

Professor John Bennett explains, "This is not a sign of poor housekeeping. Bathrooms are breeding grounds for bacteria. The bacteria present are only likely to

cough, for example. Most people get sick by catching a virus that was passed by way of public facilities.

If a person touches a virus-contaminated surface, his or her hands, when in contact with the mouth, will cause disease. A virus contracted via the bathroom has an opportunity to infect you if you don't wash your hands. Perhaps, you lick your fingers to turn a page. Or stick the end of a pen in your mouth which was in contact with your infected hands. These are all possible ways of catching a virus.

Professor John Bennett suggests, "Wash your hands with soap and water after using a restroom. This makes sure the bacteria are washed off your hands. Also, try not to touch the doorknob with your hands; use your pinky to open a door, because it has a minimal chance of coming in contact with your mouth." The viruses, however, will not cause any serious illness. In most cases a person will only be ill for two to three days. Bennett also advises that students using the communal showers should invest in a pair of shower shoes. While the bacteria found is not life-threatening, it is one of the factors that cause an illness.



cause disease in humans if they are digested in huge quantities." Finding bacteria present reveals that it is likely that other things are present, such as viruses. This should spark some concern because the viruses can cause illnesses—the common cold or

Top four myths about studying abroad

- Myth One - Study abroad programs mostly benefit language majors.**
Truth - Any student is able to benefit from being immersed in another country's culture. By gaining a different perspective on the world, students from any academic field are able to meet the growing desire of employers for international experience.
- Myth Two - It is too expensive to study abroad.**
Truth - Students are now able to use the financial aid they are already receiving to pay for tuition and additional expenses while studying abroad. With federal, state and institutional aid, the total cost of the stay can be less expensive than college tuition.
- Myth Three - It is difficult to fit study abroad courses into your current curriculum.**
Truth - While studying abroad requires a lot of planning, it can be done. By talking to an adviser and the program's coordinator, the courses taken while abroad may fulfill either general requirements or those of the major.
- Myth Four - Studying abroad is not safe.**
Truth - Extreme caution is taken to select programs that the coordinator and the student can be comfortable with. If unsure of the location chosen, simply express your concern to the coordinator.

Program offers Clarke students more ways to study abroad

By TRICIA BRIMEYER
Staff Writer

Through the new Clarke College Study Abroad Program students are able to take classes in a country of their choice while receiving credits for their degree at Clarke. The program does not require students to speak a foreign language; any full-time student attending is eligible. The study term ranges from a semester to a full academic year. Clarke's commitment to internationalizing the campus is visible in the numbers of international students on campus. However, many felt there was a need for formalized study abroad programs. To respond to that need, Clarke signed consortium agreements with four different institutions in the last year: Central College, the University of

Kansas, the University of Wisconsin-Platteville, and Saint Louis University. "Students are coming to my office every day showing interest in the program," said program director Graciela Caneiro-Livingston, assistant professor of Spanish at Clarke. "They are able to explore other cultures. They return mature, independent, with a larger view of life and the confidence to adapt to any situation." Students can receive financial aid to help pay for tuition and room and board for study abroad. Credit transfer is automatic since these programs have been approved by Clarke. In addition, Clarke faculty and staff assist with registration for the programs and with any administrative work. Caneiro-Livingston and your adviser can help you select a program within your field of study.

Getting connected... Alumnet provides career knowledge, connections for Clarke students

By JEN GEORGEN
Staff Writer

You may have seen the signs lying around for AlumNet, but you might not know what exactly it is. This career exploration program involving about ten students is one of the hottest programs at Clarke. AlumNet is a program that matches students up with a Clarke alum in the students' field of interest. Julie Welter, assistant director of Career Services, says that the Alumnet program is beneficial to students of any class. "For underclassmen it can help decide a career and it can be the base for upperclassmen to define their chosen career. Alumni are great people to question. They are resourceful and open to our students' needs," says Welter. The program has been around for many years. It used to be based on letters and phone calls,

but now, with the development of email, there is no cost to students or alumni. Email proves to be more efficient since questions can be answered immediately and more often, making the information more accessible. Junior Shelby Webb has been involved in the program for a few weeks. Webb said, "The experience from someone with insight in this field is the biggest benefit." Webb is a computer information system major and her alum is a computer science major. "Hopefully I will be able to gain connections in the field." Welter said that finding alumni wasn't hard. She said they looked ten years back to the class of 1989 and sent each class member a postcard asking if they would be interested in the program. If they were, they sent the postcard back. Career Services keeps a notebook in the office, listing the

alumni, their occupations, and major. Students are free to browse looking for matches. If the student thinks a good match is found, a meeting is set up with Welter or Laura Kestner, director of Career Services. Career Services will inform the alum you will soon be contacting them. Finally, it is up to the participant to contact the alum and ask questions. Career Services will keep tabs on the correspondence, making sure no problems arise. Some sample questions include: What is involved in a typical day? What are some of the routing aspects of your position? What are the toughest problems you encounter? What personal qualities will contribute to success in this field? Be ready for a friendly response as you gain valuable information. If you would like more information, you can contact Julie Welter at Career Services.

What was your favorite thing about your first year at college?

By KELLI CLARK
Staff Writer

photos by Amber Loeffelholz



"Meeting the friends that I'll have for the rest of my life."
Shelly Pins '02



"Winning the conference championships [basketball], and playing with a great team."
Emily Sexton '02



"The ski team trips, really all of them, no specific trip. The van rides and hotels."
Tyler Stoffel '02



...still waiting!
The Catalyst...coming soon.

Dealing with Anorexia and Bulimia...

Clarke not immune to eating disorders

By ALISA HEITZ
and
AMBER LOEFFELHOLZ
Staff Writers

It's a problem that is raging on college campuses. In a relentless pursuit of thinness, thousands of young women fall prey to eating disorders. The numbers are staggering. An estimated 5 to 7 percent of America's 12 million undergraduates are afflicted with anorexia, bulimia, or binge eating, according to Seattle's Eating Disorders Awareness and Prevention group (EDAP).

You may know someone with an eating disorder. It could be your sister, your mother, another relative, a friend, or perhaps your roommate. The person may try to hide it, but the focus of her everyday life revolves obsessively around food.

Why have eating disorders become so widespread among college students? Of course, our media's distorted portrayal of women and our diet-obsessed culture play a huge role. While the causes of an eating disorder vary from person to person, there is some indication that eating disorders are related to the change and stress of college life.

When entering college, people experience many different feelings and emotions. Some may be excited and looking forward to the freedom that awaits them. Others fear it; perhaps they were pressured to go to college by their parents. Whatever the reason, college is a time of adjustment and tremendous change.

To many people, eating disorders appear to only be a food and weight issue. In reality, food and weight obsessions are just the symptoms of underlying issues. Eating disorders arise from a combination of long-standing psychological, interpersonal and social conditions.

"At Clarke, eating disorders are more common among the females, but they can affect males too."

-Lynn Harmet, Clarke Counselor

Anorexia is a serious, life-threatening disorder which usually stems from underlying emotional causes. It's characterized by a significant weight loss resulting from excessive dieting. Consuming 800 calories or fewer per day constitutes starving; so an anorexic may eat, but his or her selection of food is particularly rigid and narrow. Sufferers are obsessed with food, but continually deny their hunger. And no matter what their actual weight, many anorexics consider themselves to be fat.

Bulimia is a repeated cycle of binge eating followed by purging rid the body of unwanted calories. The purging associated with bulimia may be self-induced vomiting, excessive use of laxatives, diuretics or obsessive exercising.

According to Lynn Harmet, a Clarke counselor, "So often we don't know if

someone is affected unless a roommate comes forward."

Many times people do not express their concern because they don't know how or what exactly to say, or where to go. If you are concerned about a friend, loved one, or roommate who shows signs of anorexia or bulimia, you can help.

When confronting a person who you suspect has an eating disorder, there are some specific things to avoid. First of all, stay away from making comments about her or his appearance (or your own). Comments about weight loss may be interpreted as a compliment and comments about weight gain may be seen as a criticism. Avoid discussing issues about dieting, weight, calories consumed, or particular eating habits. Also, don't compare the person to other individuals. In general, avoid making flattering comments about thin people or disapproving remarks about fat people. Do not refer to 'good' or 'bad' foods.

Try not to discuss food or to reinforce a preoccupation with food. Do not try to make the person eat. This will result in a power struggle. Don't try to analyze or interpret behavior. Lastly, don't try to solve the problem or cure the eating disorder on your own. These are serious issues that require attention from experts in physical and mental health.

Harmet said, "At Clarke, eating disorders are more common among the female students, but it can affect males too."

For those who realize they have an eating disorder it can be very difficult to seek help. Clarke's counseling service is avail-

Warning signs of Anorexia

- Eats very little food
- Unusual or bizarre dieting practices
- Achievement oriented
- Obsessive thinking
- Weight loss
- Perfectionist
- Exercises a lot

Warning signs of Bulimia

- Eats large amounts of fast food
- Vomits after meals
- Exercises hard
- Weight fluctuates
- Eats secretly
- Uses diuretics or laxatives
- Hides or steals food

Physical Problems in Eating Disorders

- Periods stop or are irregular
- Injuries from exercise
- Inability to concentrate
- Slow breathing, pulse, & blood pressure
- Feeling cold
- Hair loss
- Fatigue
- Nail changes
- Dental problems

able to provide concerned persons with advice and guidance. The staff can direct you to information about eating disorders, and where to seek professional help. Whatever you do, don't try to diagnosis or treat an eating disorder on your own. There's too much at stake.

In Iowa, the Iowa Department of Public Health sponsors two information and referral lines that are answered 24 hours daily through a contract with the Iowa State University Extension. Iowa Healthy Families line: 1-800-369-2229 TEEN line: 1-800-443-8336



photo by Amber Loeffelholz

Clarke Trustee Robert Wahlert and President Catherine Dunn, BVM, at the Student Activity Center ground breaking ceremony on Thursday, April 22.

Ground Breaking, cont. from pg. 1.

floor of Mary Frances Hall, better known as Cloister Wing. Following the ground breaking ceremony, commemorative markers were handed out to guests to "graffiti" the walls of Cloister Wing and leave their mark, and many did so.

Other renovation in Mary Frances Hall will include the current Union area and laundry room which will be remodeled to contain the Career Services Center when it opens in January of 2000. Laura Kestner, director of Career Services, is looking forward to the move: "It will be

a nicer atmosphere and a more welcoming environment," said Kestner.

Students are also anticipating the opening of the center. "There will be more places to socialize and study," said freshman Melissa Modra. "It will be really nice to have a place to call our own, unlike the Atrium which others use," Modra added.

Construction will be completed by January 2000. Stay tuned to Clarke's home page for updated pictures of construction.

Moving Ideas, cont. from pg. 1.

rented on a monthly basis. The 5' x 10' units are \$24 a month with a \$24 deposit. If you are interested, you can call 583-5405 or 556-7891 or check out the flyer posted outside the post office.

No matter what your methods may be, the time is soon approaching. So grab a couple friends or relatives and get to work! Moving home isn't so bad after all. Just remember, you get to come back here very soon!

Gore Visit, cont. from pg. 1.

On Tuesday night, military cargo planes transported the vice presidential vehicles and equipment into Dubuque.

On Wednesday, Gore arrived at the Dubuque airport at about 10 a.m. He stayed for just over half an hour before being whisked away in a government Suburban. Gore then visited a private

residence where he discussed issues with about 100 Democratic supporters. He discussed school violence, secondary school infrastructure, farming issues, and health care. In the afternoon, Gore concluded his well-planned excursion at Mario's restaurant where he met with labor leaders.

"The Great One" has hung up his skates for good

By BRIAN STEUER
Staff Writer

The world witnessed the end of an era on Sunday, April 18, when the greatest hockey player of all time played his last game. "The Great One," Wayne Gretzky, blessed with 20 years of excellence in the NHL, now leaves us as arguably the best athlete ever.

Gretzky burst into the NHL as a skinny 160-pound, 17-year-old kid from Brantford, Ontario. That was the fall of 1978. Now this highly respected person from Canada, owns 61 NHL records, including most goals, most assists, most points both in one season and a career. He was league MVP nine times, won 11 scoring titles, and went to 18 all-star games.

The records "The Great One" set can be translated this way into baseball language: suppose Mark McGwire hit 75 home runs every year (sometimes 90) and he also hit .400 every year (sometimes .420). McGwire might have an argument to say his accomplishments in baseball were better than that of Gretzky's in hockey.

However, it wasn't just the records that made him so great. Gretzky was a winner who made all his teammates better.

Gretzky would survey the ice like a wolf, often behind the net, striking terror into the helpless opposing goalies, while his teammates awaited the perfect pass...at the perfect time. Gretzky's anticipation is unparalleled to anything seen before.



fourth, fifth, sixth, seventh, eighth, 10th, 11th, and 12th greatest assists seasons in NHL history!

People were saying around Gretzky's retirement that Gretzky was the Michael Jordan of hockey. No way! Jordan was the Gretzky of basketball. During Gretzky's stellar 1983-84 season, he could've stopped playing on January 7 and still won the scoring title; that's about three months before the end of the season. Gretzky demolished the single-season points record that year, taking the previous record of 152 and upping it to 215, an increase of 41%. Jordan would've had to average 71 points to do that!

Who else has done more for their sport, than Gretzky has done for hockey? The boy who entered the league only being able to bench 140, showed how ugly violence could be when set next to grace. He showed the game a new perspective, pass-

Gretzky would survey the ice like a wolf, often behind the net, striking terror into the helpless opposing goalies...

Throughout his career he played the game a step ahead of anyone else. Taking the advice that his dad gave him as a kid, "Play the puck where it's going, not where it's at." Where others would see chaos, he could see the play unfold in slow motion.

The week of Gretzky's retirement, everyone up to and including the prime minister of Canada begged him to play one more season. Everyone wanted a chance to see one more season of the greatest team athlete in history.

The only thing Gretzky hates worse than going into the corners is being honored or talking about himself. Since the beginning of his career, any time games would be delayed, whether it would be so Gretzky could accept a car or when the NHL announced his number 99 being retired, he'd feel bad for his teammates because he'd say they're ready to play.

Of his number being retired, Gretzky said, "When a gentlemen told me in 1977 to wear this sweater, I didn't imagine one day nobody else would be allowed to wear it."

Above all else, Gretzky was a team player. He broke Gordie Howe's all-time assist record in 1,086 fewer games than Howe took to set it. That's 13 seasons! Gretzky holds the first, second, third,

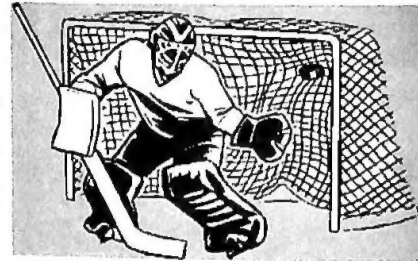
ing off nets and opposing players' skates. One night in St. Louis, he flipped in a goal from behind the net off the back of goalie Mike Liut and scored not once, but twice on face-offs.

The only thing Gretzky did lack was an ego. He'd ask kids standing there, with their jaws on the floor, if they wanted anything signed. He'd be driving around and see kids outside playing street hockey and ask if they could use an extra player. He'd screw up something and say, with a grin, "Hey, that's why they call me The Great One."

Clarke's very own Gretzky

By JOLENE WORZALLA
Staff Writer

Bruce Anderson, assistant director of Food Service, known to almost all Clarke students, has a hidden hobby few of us know about. Bruce plays hockey with the Dubuque Senior Saints.



Anderson picked up the hobby eight years ago when his son began to play the game. His son plays the position of goalie and got Bruce interested in the position as well.

Anderson played goalie for the Fossils and now plays it for the Senior Saints. This position serves as the last line of defense.

"You need to be mentally tough, very flexible, have good hand-eye coordination, and be able to anticipate when shots are going to be taken," said Anderson. He also added, "a little bit of luck always helps."

Anderson compared the Dubuque teams he has played against to intramural teams. Members are divided into teams and the same people play throughout the year in different combinations. Anderson said, "We don't keep win-loss records in the league I play in; it is more done for the fun." His favorite part of the game is the speed and physical aspect, and the mental part of being a goalie.

The most memorable moments of the game are watching his son play, says Anderson. Bruce has coached at two different levels, "Mosquitoes" and "Squirrels," and now serves on the Dubuque Youth Hockey Association Board.

"Once you play or watch a hockey game live, the excitement gets in your blood," says Anderson. "I love playing. The downside is the travel and the cost," he added. Goalie equipment is very expensive. A helmet can be \$175 and up and a good pair of leg pads can cost between \$600 - \$1500. Plus, you need to buy a stick. (These prices are what you would pay for new equipment. You can usually find used equipment at a lower cost.)

There are many opportunities to get involved in playing hockey here in Dubuque, so if this sport interests you, check it out. Although this year's Senior Saints season is over, look for Anderson to be taking to the ice again next year.

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Mne's volleyball tournament wrap-up

Clarke bumps off Juniata for third place

By HEATHER KLOSS
Sports Editor

On April 23-24, Clarke hosted the Division III Men's Invitational Volleyball Championship.

D'Youville College, Juniata College, and the University of La Verne along with the Clarke Crusaders all battled it out for the first place trophy. At the end, it came down to the University of La Verne capturing the championship, defeating D'Youville, 16-17, 15-6, 15-3 and 15-13.

In the third place match, Clarke bested Juniata, the defending national champions, in a three game sweep, 15-7, 16-14 and 15-6.

Friday night's semi-final action started with D'Youville playing Juniata. D'Youville took Juniata to five games before they secured their place in the championship match on Saturday. D'Youville won 7-15, 15-12, 16-14, 10-15 and 15-11.

In the next game, Clarke faced the University of La Verne. In the first game, the Crusaders jumped out to an early 4-0 lead. Clarke took its largest lead of the game with Pete Lapin's serve, as it went up 8-2. Then the La Verne Leopards bounced back and tried to regain control.

The Leopards then scored five points to make the score 7-8, to put them within striking distance of the Crusaders. Clarke's Scott Schuessler added to their score, by taking a 13-8 advantage over La Verne.

Then with both teams not giving up, the score was tied at 14 all. As

Clarke tried five times for the needed game point, La Verne kept fighting back. Then the Leopards' Chris Peterson snagged up the two game-winning points for the 16-14 victory over the Crusaders.



Fans ran out on the court to congratulate the Crusaders as they captured the 3rd place trophy in the Division III Tournament.

In game two, La Verne had their priorities straight, as they only allowed Clarke to score 3 points in their 15-3 win.

Next, Clarke fell quickly behind in the third game, 1-4. Then Clarke's Jose de Jesus picked up the Crusaders, tying the score at 4 all and giving Clarke a 7-4 lead before a side out for La Verne. La Verne then tied the game at 9-9, and didn't look back, as they went on to pick up the 15-11 win over the Crusaders.

"After Friday's loss, we got a little down, but we knew we had to step it up and play together in order for us to win Saturday's game," said Clarke junior Troy Weisgram.

"Together... we probably played the best game we've ever played..."

--Junior Scott Schuessler

And Clarke did just that against the defending national champion Juniata College. The Crusaders took Juniata in only three games.

Juniata and Clarke knotted the score up at 2, 3, 4 and 5 in game one. Then Clarke's Schuessler broke from the tie to give them a 7-5 lead. With the Juniata Eagles nipping at the Crusaders' heels, Clarke's Kevin Perhach, Chris Kozak, and Weisgram each contributed points to pull away.

With the score 11-7, Kozak blocked a Juniata spike for a needed point. Then a kill by Jose de Jesus and a block by Joe Gustafson put Clarke at game point. Weisgram served up the winning point, as the Eagles were unsuccessful in their side out attempt. Clarke won, 15-7.

Again, the second game started with back and forth scoring by both teams. The Juniata jumped ahead to an 12-7 lead. Then Weisgram

got two more points on the board for Clarke. Then Juniata's Mike Scheaffer put his team at a possible game point, 14-11. But the Crusaders had other plans. Point by point, the Crusaders got closer, and then finally tied it at 14 all by Perhach's serve. Next, an out-of-bounds spike by the Eagles and a big block by freshman Gustafson put the second game away for Clarke winning 16-14.

Propelled by the game two win, Clarke kept rolling. In game three, Clarke's Kozak started it off with four consecutive points. After a side-out by Juniata, Clarke's lone senior George Tadros was then substituted into the game to serve,



Photo by Heather Kloss

Clarke players give each other high fives after the game, as they defeated last year's defending champion, Juniata in just three games.

sent a hard serve over the net that Clarke couldn't return for an Eagle point. Clarke then was stuck on 12 for a few service rotations, as Juniata picked up more points. Then to end what he had started, Kozak stepped up to the service line once more and picked up the game match

point for Clarke, as they won, 15-6.

"It was amazing. We played together as a team and with confidence," said Weisgram.

Schuessler added, "Together as a team, we probably played the best game we've ever played this season."

"Everyone put their hearts into it

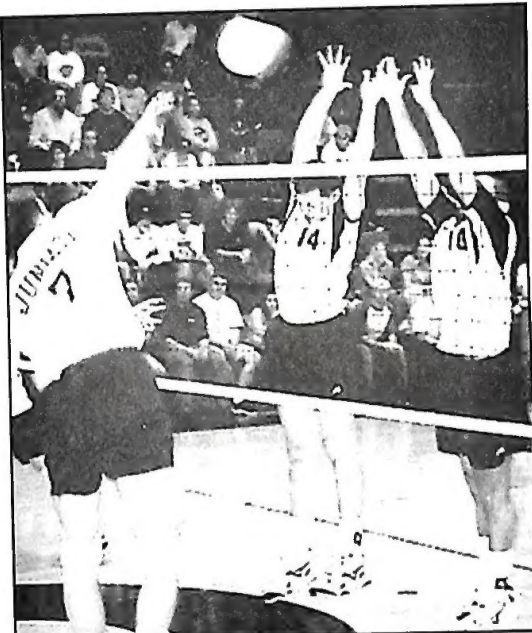


Photo by Heather Kloss

A Juniata player spikes the ball into the wall of Crusaders, consisting of Scott Schuessler and Jose de Jesus.

where he served up three more points.

It looked as if Clarke was going to shutout Juniata in the last game, as the Crusaders took a 12-0 lead. But Juniata's G.W. Hall

and played their best. We had lots of fun," Schuessler ended, "The crowd and fans were great!"

Many players commented that the win was a great ending to this season, and hope the momentum will

go into the start of next year's season. Congratulations to the men's volleyball team for its third place finish!

Weisgram makes All-Tournament Team

Seven players were named to the 1999 Division III Men's Volleyball All-Tournament Team.

They included: Most Valuable Player - Alex Lienert (La Verne); Rod Kirby (Juniata), Troy Weisgram (Clarke), Greg Rosowski (D'Youville), Jeff Rosowski (D'Youville), Matt Wright (La Verne) and Chris Peterson (La Verne).

Weisgram, a junior outside hitter, averaged 2.97 kills per game and 2.14 digs per game for the Crusaders.

"I was very honored to represent Clarke on the All-Tournament Team," said Weisgram. "It was a great achievement for me to be on the team with some of the best players in our division."

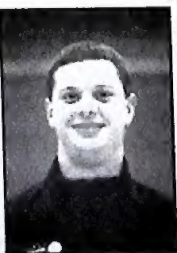


Troy Weisgram

Schuessler hits 1,000 mark

Scott Schuessler, a junior middle blocker for the Crusaders, reached the 1,000 mark this season.

Schuessler's name was added to the 1,000th Kill Club at Clarke and he received a plaque for his achievements during the season. Schuessler averaged 3.85 kills per game and 1.58 blocks per game.



Scott Schuessler



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Soccer teams looking forward to next season

By JOSE DE JESUS
Staff Writer

The Clarke men's soccer team is on its way for the upcoming season this next fall. Coach Florin Marton has been working as hard as he can to recruit valuable players to improve the program. Unfortunately, some players recruited in the past are transferring to other schools or due to graduation will not return in the fall.

"I hope that the numerous players that are applying to Clarke are as good as the players that are departing and transferring," said Coach Marton.

Marton said that this upcoming season he hopes to have a roster of no less than 22 players.

"This year the top recruits are from Dubuque, the surrounding areas and from the upper-Midwest. Besides American prospects, we should have a group of South Americans, including one from Brazil, two from Colombia and three from Puerto Rico," said Marton. "We are also working on some recruits from Spain, Ecuador, and Venezuela."

Marton added that forming a competitive team to defend the reputation of Clarke is in his future plans.

Freshman forward Bernardo Moreno said, "I hope that the team could be more unified so we can understand ourselves better in the field."

Moreno added that the loss of Pepe Viteri and Juan Carlos Acosta is tough to deal with. The nature

of these two players abilities will make it difficult to get used to new players.

"My main goal for the season is to perform at my best and help the team in any aspect of the game," said Moreno.

The team is already practicing for the upcoming season and with attitude and great effort, everybody knows that the men's soccer team can achieve any goal it wants to.

*...we need to
play together as a
team...*

-- Jenny Berg

On the other hand, the women's soccer team is getting

ready to achieve its main goal: be nationally ranked. Last year the women's team was two wins short of being regionally ranked.

This year, the women's team will have to make some adjustments. The reason is simple. They are losing, through graduation, NIIC Player of the Year - Lori Michaud.

Also, the Crusaders are losing all-conference players Carla Stefani, Hydee Wagner and Becky Hart.

Coach Florin Marton said, "This year the season depends on returning all-conference players Sarah Bennett and Jenny Berg."

Marton said Brook Dreske and Mariah De Heck would be playing a major role for the team. De Heck is coming back after a sec-

ond knee surgery.

"I expect to win the conference again and improve our team record," said freshman forward and top scorer for the Crusaders, Jenny Berg. "However, we need to play together as a team and get used to each other as well. I truly believe that we can beat any team in our conference if we play the way we are capable of playing."

Berg said that among other expectations, she hopes to be Player of the Year and score at least 5 goals in the season.

This year Marton is encouraging any student-athlete from Clarke to join the soccer teams.



Men's tennis and women's softball gear up for tournaments

Tennis outlook

By GABE JOHNSON
Staff Writer

The Clarke men's tennis team has hopes for the Northern Illinois-Iowa Conference Tournament in River Forest, Illinois, April 29-30. The Crusaders' 1999 campaign opened with an 0-4 start, but has since picked up with a victory over Aurora University.

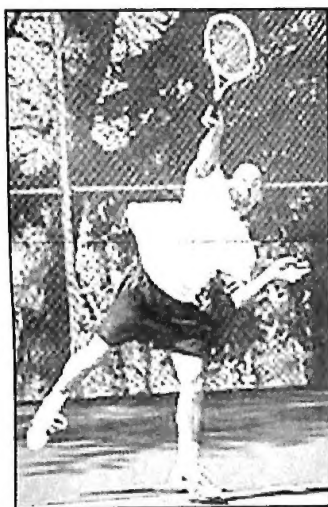
Clarke began its winless streak with losses from Mt. St. Clare, University of Dubuque, Rockford, and Benedictine, until its much awaited and earned victory over Aurora, 5-2.

Senior captain and number one singles player Travis Courtney liked Clarke's chances going into this year. Courtney wanted to make an improvement from last year's third place showing at the conference tournament and make a run at the conference title. "We can get second for sure; first is always a goal, but Concordia will be our toughest conference competition," Courtney said.

"We're very optimistic about the chances of a good season given the depth in our lineup..."

-- Coach Corken

On the team with Courtney are seniors Curtis Witt, Clint Rogers, and Ben Gerloff; juniors: Scott Lammer and Jason Eustebrook; and sophomore Migdoel Class-Rivas. Clarke has not had a consistent lineup all season, but it is a deep one. Head coach Dan Corken feels Clarke's slow start



Migdoel Class-Rivas

has not affected its own goals. "We're very optimistic about the chances of a good season given the depth in our lineup and the performances of our players in the early stages of the season," said Corken.

Scott Lammer, a junior transfer, has made significant contributions to the team. Lammer is 2-0 thus far in singles this season. Courtney said of Lammer: "He has really helped out and stepped up." Coach Corken agreed, saying, "He's been our most influential player to date and should qualify for a seed at the conference tournament."

Corken also agreed with Courtney about the conference tournament. "We're very hopeful we can match last season's third place finish in the conference, and with any luck, we can improve on that," said Corken.

Good luck to the Clarke College men's tennis team at the NIIC Conference Tournament.

Softball update

By JARON WARNER
Staff Writer

The Clarke women's softball team is heading into this weekend's conference tournament in Benedictine, Illinois with winning on their minds. The Clarke team played on Thursday, April 29 to determine their seed and then will attempt to win it all over the weekend.

Judging by their record, the Crusaders chances of winning should be very good. Playing on the road has been good to them: "We've only loss one road game, the rest were at home so we're confident of our chances," said sophomore Kelli Clark.

Overall, the road has been good to the women; they set two records while playing in Concordia earlier this year. Senior Cara Clark hit two grand

slams, and they also set a record for most runs in a game.

Hopefully, our women can ride this success and represent us to the fullest extent by doing their best in the tournament. "I think in order for us to do well in the tournament, we will need more individuals to step up. That would help the team out a lot. Right now our individual efforts are scattered and in order for us to win, everyone needs to be more consistent," said senior Cara Clark.

The Crusader women are pleased with their season and hope to continue their success next year, which shouldn't be hard. Although they will be losing three good seniors in Liz Constantini, Laura Miller, and Cara Clark, they will be returning everyone else, which will give them lots of experience.

Keep up the good work and good luck this weekend, ladies!



Photo by Amber Loeffelholz

Play ball!! Laura Miller and a teammate prepare for the tournament this weekend

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Students saving time

By MICHELE STEGER
Guest Writer

We've been at Clarke since 1986 and are now more than 300 strong. We're the TimeSavers. Whether 23 years old or 53, we're all here for the same reason: to save time.

But is the TimeSaver program actually a time saver? The program may save time in the long run, but uses enormous amounts of time in the short run.

Taking on a full college course load while juggling family and work is not for the faint of heart. Nor should it be. An education is earned, and working hard for it makes it that much more precious. But nobody said it would be easy.

I get to work before seven and leave "early" on school nights -- around 5 p.m. The nights I don't have classes, I may put in 12-14-hour work days. We run 30 trucks across 48 states from a three-person office.

Days are filled with frantic customers, confused drivers and serious stress. My boss is not very understanding when I explain the three projects I have to complete, and the eight chapters I have to read for school. He explains bottom-lines, dead-lines, and my paycheck.

Ginny Stroschein started at Clarke as a traditional student and at 23, is a young TimeSaver.

"The hardest thing is coming home after working all day and going to school at night with no time for my family," Ginny said. "But the TimeSaver schedule has let me finish my education."

Still, some days are harder than others. Some days her little boy is sick, the house needs cleaning, the bills are due, and trying to write a 12-page research paper seems almost impossible. But perseverance pays off: she's graduating with honors this May.

Taking the first step toward higher education can be risky, both emotionally and financially. Most of us have scary "grown-up" bills like house and car payments, insurance, etc.

It may be 10, 20 or even 30 years since we sat in a classroom and took a test. That's why we often look so grim. We're really not. We're just a little scared and hate to admit it.

To us it seems like traditional students are carefree, without a worry in the world. Of course that isn't true, but for many of us it's been so many years since we were that age we're a bit envious.

Jim Bodnar is looking forward to graduation in May. After years of putting in 15-hour



Clarke TimeSaver students consult on a project. From left Jodi Standorf, Ginny Stroschein, Penny White, and Michelle Steger.

photo by Corrine Grace

days, he's ready for a little relaxation. "I'm really glad I did it but I'd have to really think about doing it again," he said. "I only hope this investment pays off."

The TimeSaver program is a marked improvement over the old night classes which kept people going to school for 10 years or more. The saving feature of pushing through at top speed, is that most TimeSaver teachers are considerate of non-traditional students' family/work/school conflicts.

We want to do well, but sometimes things pile up. When they do, friends and family can be another great source of support. My son tells people how proud he is of his mom going back to school. Works like a sweet spur for me to continue, even when

the odds seem overwhelming.

Other TimeSavers express the same feelings of gratitude toward family or friends: "I don't know how I would've got that project done without my husband (substitute "wife," "friend," "mother," etc.) giving me the time and quiet I needed!"

We are all here because we want to be. We haven't worked all day and stayed up half the night for nothing. We really want to learn. We demand it of ourselves and we demand it of Clarke College. So far, it's been a tough bargain, but it's been a fair one.

So, as a note to traditional students, when you see some of the oldsters in the halls: We may be old and cranky, but hey, give us a little credit. We can sure use it.

Penny White, junior communication major

"I get frustrated trying to find the time to get everything done," White, 33, works at a bank and takes care of her invalid mother. She thinks she may have to take a little "time out" but says the TimeSaver schedule is the only one that comes close to helping her reach that goal.

Jeff Baltierra, junior accounting major

"I decided to get my degree so I could improve my earning ability. I want to be able to afford college for my kids. The hardest thing about it is not being able to spend as much time with my family as I'd like."

Connie Leibfried

"I wanted to do something constructive with my life; I was too young to sit at home and knit." Leibfried, 46, runs an automotive business with her husband. She says the TimeSaver schedule was the best way she could have gone back to school, although things get a little busier than she likes.

Penny Duncan, nursing student who will graduate in May.

"I realized that to fulfill my goal I would have to give up precious time with my family. But I've thoroughly enjoyed my classes at Clarke and am even thinking about going on for a master's degree."

Campus News *in brief*

Catalyst wins awards

The 1998 *Catalyst*, Clarke's annual student magazine, won first place nationally in the general interest magazine category in the Society of Professional Journalists college competition. Sophomore Ryan Fitzgerald won first place in feature writing for his article on extreme sports and 1998 graduate Windy Bernier won second place for her feature on Cammie Dean and the Multicultural Student Center. Clarke also won the "Best Overall" award as the school that received the most awards. The contest was judged by professional journalists.

Students inducted into Psi Chi

Six Clarke students were inducted into Psi Chi, the national honor society of the American Psychological Association, in a ceremony at Clarke April 21. They are Brian Bedalov, Brian Buckley, Michelle Fetterly, Dina Klancir, Rachel Pickett and Jamie Slack.

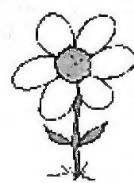


Gotcha Aaron!!! Good luck next year,
we will miss you! Love, your staff

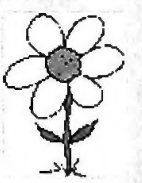
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